# Rasha Othman Okasheh

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## Address:

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## Education:

* **2007-2011: PhD Health and Wellbeing, Sheffield Hallam University,UK.**
* Thesis: Clinical measurement of functional outcomes of pulmonary rehabilitation.
* Director of studies: Prof. Susan Mawson.
* **2005-2006: MSc Applied Physiotherapy (Respiratory), Sheffield Hallam University. UK**
* Director of Studies: Ms. Pauline Buttling.
* Thesis: Arm positioning and lung function in normal people. An experimental study.
* **2000-2004: BSc Physiotherapy (Hons.), The University of Jordan.**

## Employment:

* 2011-present: Assistant professor, faculty of rehabilitation sciences, physiotherapy department, The University of Jordan.
* 2008-2011: Research assistant, Sheffield Hallam University, UK.
* 2004-2006: Teaching assistant, the University of Jordan.

## Research projects:

### Completed projects:

* 2008-2011: Evaluation of the usefulness of TELER function indicators as a patient reported outcome measure at home.
* Feb.2010-June 2010: Health Trainer Consultation Project- Wakefield.
* Feb.2009-June 2009: Evaluation of Health Trainer service- North East Lincolnshire
* Feb 2008: Student settlement evaluation (internal evaluation Health and Wellbeing Faculty-Sheffield Hallam University).
* May 2006- August 2006: Arm positioning and lung function in normal people. An experimental study.

### Current research:

* Perception of physiotherapy students toward exercise and the impact of an exercise program on their physical fitness.
* Teaching clinical reasoning for physiotherapy students using the International Classification of Functioning, disability and health (ICF) as a framework.
* Exploration of the clinical education program for physiotherapy students at the University of Jordan
* Gait-related dual tasking changes in adults with low vision.
* Development and validation of simple assessment tool to detect neurophathy-related changes in gait in patients with diabetes mellitus (DM).

## Publications:

* Okasheh R., Mawson S., Tod A. (2008). Patient set goals of pulmonary rehabilitation. The Faculty of Health and Wellbeing Research Day “Oral presentation”.
* Okasheh R., Mawson S., Tod A. (2009). Measurement of functioning following Pulmonary Rehabilitation: What matters to people? The 5th Qualitative Colloquium-East Anglia “Oral presentation”.
* Okasheh R., Mawson S., LeRoux B., Tod A. (2010). Development and validation of a new measurement tool of functional performance for use in pulmonary rehabilitation in people with COPD “Poster presentation”. CLAHRC national conference.
* Okasheh R., Mawson S., LeRoux B., Tod A. (2010).Development and validation of a new measurement tool of functional performance for use in pulmonary rehabilitation in people with COPD “Poster presentation”. COPD7
* Ball L., Okasheh R., Whitfield M. (2009). Summary Evaluation Of The North East Lincolnshire Health Trainer Service 2007 – 2009.The London Health Trainer Hub.
* Ball, Brookes, O’Kasheh (2009). An Evaluation of the East Midlands Health Trainer Services. Sheffield: Sheffield Hallam University

## Positions held:

* 2012-2013: Dean Assistant for student affairs, the University of Jordan.
* 2012-2014: Dean Assistant for Quality assurance and continuing education, The University of Jordan.
* 2015: • Dean Assistant for Quality assurance and continuing education, The University of Jordan.

## Teaching:

* **2011-present (the University of Jordan) : module lead for:**
* Cardiopulmonary physiotherapy 1.
* Cardiopulmonary Physiotherapy 2.
* Clinical placement / Cardiopulmonary physiotherapy.
* Tests and measurement.
* **2008-2011 (Sheffield Hallam University) : tutor for:**
* Physiotherapy for cardiorespiratory conditions.
* Exercise prescription.

## Training:

* Clinical respiratory therapy training.
* Extensive quantitative and qualitative research methods and practice training.
* Evaluation of the outcomes of rehabilitation (Certified trainer Treatment evaluation by the LeRoux method).
* Quality management (certified quality manger training).
* Teaching skills for Higher education.
* Tobacco dependence management.

\*details of training are provided upon request.

## Membership:

* European respiratory committee.
* Exercise is medicine- Jordan (Advisory board member).
* Jordan quality Society.

## References:

* Prof Sue Mawson. Professor of Health Service Research. Director, NIHR Collaboration for Leadership in Applied Research and Health Care Yorkshire and Humber. ScHARR, University of Sheffield, Regent Court,30 Regent Street, Sheffield, S1 4DA. [s.mawson@sheffield.ac.uk](mailto:s.mawson@sheffield.ac.uk).
* Dr Dania Qutishat. Assistant Professor. Department of Physiotherapy, Faculty of Rehabilitation Sciences, the University of Jordan. Amman 11942 Jordan. [d.Qutishat@ju.edu.jo](mailto:d.Qutishat@ju.edu.jo).